

Institution: Ascot High School Performing Arts Department

Music Outline 2025 – 2026

Grade 7

September

☐ **Weeks 1:**

- What is Music?
- Music and the Person
- Music and Culture
- Music and Vocation

☐ **Weeks 2 – 3:**

- Understand groups of musical instruments
- Recognise and group various instruments into the ethnographical classification of musical instruments

● **Weeks 4:**

- Learn the parts of the recorder
- Practice proper posture and hand position
- Play simple major scales (e.g., C Major)

October

□ **Weeks 5:**

- Practice dynamics: play soft vs loud
- Try two-hand coordination (e.g., left hand chords, right hand melody for keyboard)
- Play simple tunes (e.g., “Hot Cross Buns,” “Mary Had a Little Lamb”)

□ **Weeks 6 – 8:**

- Learn to read basic rhythms and pitch changes
- Work on sight-reading simple sheet music
- Practice playing scales with rhythmic patterns

November

□ **Weeks 9 - 12**

- Play the melody of a song from start to finish
- Add expressive elements (legato, staccato, crescendo)
- Record and self-assess your tone and accuracy

Grade 10

Week	Theme	Focus Area	Key Activities	Assessment
1	Elements of Music	LIAP	Explore melody, rhythm, texture, form	Quiz + listening journal
2	Caribbean Genres	LIAP	Analyze calypso, reggae, mento	Group presentations
3	Harmony Basics	PERF + COMP	Sing intervals, build triads	Vocal drills + worksheet
4	Ensemble Skills	PERF	Rehearse folk song in 2-part harmony	Peer feedback
5	Melody Writing	COMP	Compose 4-bar melody using pentatonic scale	Draft for SBA

6	Chord Progressions	COMP	Harmonize melody with I–IV–V	Composition sketch
7	Music Technology	COMP	Use notation software or DAW	Digital composition
8	Performance Prep	PERF	Solo and ensemble rehearsals	Mock performance
9	World Music	LIAP	Compare African, Latin, Western styles	Listening log
10	Lyric & Theme Writing	COMP	Write lyrics on peace/unity	Songwriting draft
11	SBA Portfolio Review	All	Finalize recordings, scores, reflections	SBA checklist
12	Exam Skills & Recap	LIAP + PERF	Past paper practice + performance showcase	Written + practical review
